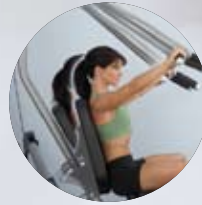




**Adjustable swivel mid pulley arms** deliver user-defined movements



**Dual pivot leg extension and leg curl** targets lower body



**Press Arm** provides traditional pressing and row exercises



**Seated row** offers comfortable platform for back exercises

**Hybrid™ Strength Technology** enables progression from traditional, supported exercises to self-supported, user-defined movements that incorporate more muscle groups and core stabilization—for greater results in less time

**Single station, vertical press design** facilitates variety of exercises in upright position

**Adjustable back pad** creates “user-forward” design for several comfortable pressing angles that maintain exercise integrity

**Dual swivel high and counterbalanced, adjustable mid pulley arms** allow for simultaneous or independent motion during traditional exercises, core strengthening and functional movements

**Full shroud enclosure** limits exposure to moving parts and enhances aesthetic appeal

**Dual pivot leg extension and seated leg curl** includes split resistance to maximize exercise effectiveness and adjustable roller pads for comfort

**Ergonomically shaped roller pads** prevent stress to knees and create better fit

**Adjustable seat pad** custom fits users

Exclusive **FAST-Attach™** quick connection system delivers quick, easy handle changeover

**200-pound (90 Kg) blended steel/cast iron weight stack** includes sound-dampening bushings to prevent metal-on-metal noise

**Torque Fork™** weight selection device uses magnetic adherence for safe resistance adjustments

**Included Attachments:**

- (2) short strap D-handles; (2) long strap D-handles;
- (2) universal adapters with snap hooks; lat bar and ankle strap

**Optional Accessories:**

- leg press/calf raise, leg boot, straight bar, golf club handle, baseball, baseball bat handle, tennis racket handle

**Optional Leg Press/Calf Raise**

Unique **Iso-Balance™** technology facilitates leg press with foot platforms connected, or independent for variety and balance



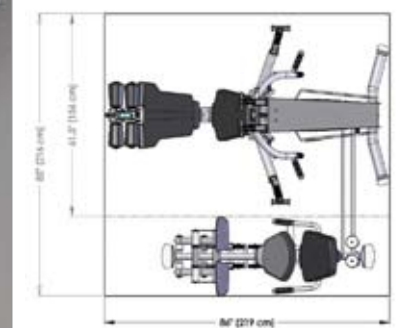
optional leg press/calf raise shown



Lifetime on frame, welds and parts; 10 years on cables and upholstery.

**Live Working Area**

	<b>TQ5</b>	<b>TQ5 &amp; Leg Press</b>
Length	102 in. (259 cm)	102 in. (259 cm)
Width	72 in. (183 cm)	91 in. (231 cm)
Height	83 in. (211 cm)	83 in. (211 cm)



Patent Pending



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